



www.SenseiTara.com
senseitara@yahoo.com
 770.572.0691

August 2011 Issue 1 Vol 3

STUDENT OF THE MONTH

FROM SENSEI 2011-2012 SEASON

It is a new year, and already so many events planned. Another Jr. Black Belt Test, December tournament, & February Demos. Look to future Newsletters for more information on these upcoming events. Looking forward to another GREAT year!

PLEASE
 Turn in
 your child's
 Application
 Email Sensei
[senseitara@yahoo](mailto:senseitara@yahoo.com)
 or
www.senseitara.com
 under contact us



Carter Mackes

August 2011

Carter is a Yellow Belt at Windward Academy location. He is one of the highest ranked at this location, and he is in a Sempai (lead student) position.

He is also an all around athlete. He has participated in gymnastics, football, and is now on a soccer team. Karate is a great compliment to any sport training. Carter has made progress through all of his dedication to all of his practices. Power, speed and focus are key to breaking boards. Carter has excelled in breaking. He really enjoys breaking boards. His karate training has sharpened these skills. You may have seen his board break on the "What I am" (2010) video. Presently, Carter is in training for an upcoming local Tournament. Look forward to a great outcome!



Roberto Cardozo
age 12



Will Berry
age 12

Roberto: Started at the Windward Academy location. When he transferred to elementary school, along with all of his siblings, a location started at his home. Roberto has grown into a great karate student and has been a great model for his siblings and cousins. The most exciting progress from Roberto over the years is his confidence and strength.

Will: Also started at the residence of Roberto since its inception. Will is also the only student to participate in every JFK camp since he began his training. Will is a product of complete preparation and dedication. He is testing for his Jr Black Belt quicker than any other student to date.

Aug 27, 2011

Can you handle the Challenge? The SFX Challenge will test your willpower, drive, & overall athleticism. Challengers will push themselves through a 3-4 mile road course while completing intense workouts along the way, ending with the "Finisher", an extreme obstacle course.

www.sfxfitness.com